

COPING WITH COVID

Presented by Marie Grosh

OLMSTED TOWNSHIP COMMUNITY ROOM

7900 FITCH ROAD

(1st driveway north of the overpass)

All presentations begin at 9:00 a.m.

Coffee and a light refreshment will be provided.
Masks are required. Social distancing will be maintained to ensure
the safety of all participants.

Reservations are appreciated, but not necessary. Call (440)235-3099.

**Flu shots will be available on a first come/first serve basis. You must make a reservation to receive a flu shot and bring your insurance card with you.*

PRESENTATIONS

Each presentation will be given on 2 dates.

Monday, October 12 or Monday, October 26

Should I stay or should I go? How to determine if going to a
healthcare facility is necessary during a pandemic.

Monday, November 9 or Monday, November 16

Maintaining mental and physical health during isolation.

Monday, December 14 or Monday, December 21

Masking up: Why and how for maximum protection.